

Advanced Event Massage Workshop

Day 1 – Advanced Event Massage Management

Welcome/Introductions (15 min)

Event Massage Management (30 min)

- Logistics
- Equipment considerations
- Liability/Legal Issues (e.g., informed consent)
- Venue/Environmental considerations
- Therapist considerations(e.g., attire, hydration/nutrition, injury prevention, marketing, student issues)
- Intake (Forms, Assessments,
- Floor Supervision (time management, breaks, supervision tips, emergencies,)

Common Participant Illnesses and Injuries (30 min)

- CHECK-CALL-CARE
- Hyperthermia (heat cramps, heat exhaustion, heat stroke)
- Hypothermia (mild, moderate,)
- Dehydration (mild, moderate, severe)
- Hyponatremia
- Musculoskeletal injuries (e.g., cramps, blisters, strains, DOMS)

Event Massage Techniques (45 min)

- Cautions, Considerations, Contraindications
- Participant Interview and Assessment
- Techniques for single therapists (table)
- Techniques for two therapists (table)
- Advanced 7 minute protocol

Day 2 - Advanced Event Massage Practical (4 hours)

- The 2012 Practical will be held at the Bataan Memorial Death March 25, 2012, WSMR, NM
- Each participant will have the opportunity to practice floor supervision, intake and therapist scheduling skills based on the material from day 1.