

TUESDAY, AUGUST 30, 2011 2:00pm - 6:00pm

Understanding Massage Research:

With the interest in complementary alternative medicine more and more research is being done on the effectiveness of massage and how it works. As a professional therapists we need to stay informed of the new knowledge base and be able to explain what techniques work and why. This workshop will present easy to understand strategies for finding, understanding, critically evaluating and adopting the latest massage therapy research results.

TUESDAY, SEPTEMBER 13, 2011 2:00PM - 6:00PM

Using Massage Research in Your Practice

Are you too busy to keep up with the latest massage therapy research and want to know what the new scientific thinking is in the field? Need some help explaining it to your clients? This workshop will present some of the latest massage research findings and discuss the implications for the practice of massage therapy. Participants are encouraged to bring research articles or papers for discussion. Some basic research literacy knowledge is assumed.

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Licensed Massage Therapist, State of New Mexico
Registered Massage Therapy Instructor, State of New Mexico
Nationally Certified in Therapeutic Massage, 2008
SAGE Massage, Private Practice, 2009
Certified, Geriatric Massage, 2009
Graduate of Crystal Mountain School of Therapeutic Massage, 2008
MS in Civil and Environmental Engineering, University of Wisconsin-Madison, 1986
BS in Civil and Environmental Engineering, University of Wisconsin-Madison, 1983

Instructor: Geriatric Massage, Fascial Release