

## **POLARITY SPINAL BALANCING**

Sun April 15

12-4pm 4 CE's

Sun Oct 4

12-4pm 4 CE's

Polarity Spinal Balancing: Whether you're new to Polarity Therapy or looking for a refresher this class will be hands-on using the flow of energy from positive to negative and back. The intention of Polarity Spinal Balancing is to sooth the three-nervous systems which are often over-stimulated due to stress and/or trauma.

Instructor: Tamara Vaughn-Morse, RPE, LMT, RMTI

Private practice in Albuquerque since 2002

Tami is on the faculty of Crystal Mountain

Instructor: Business, Hydrotherapy, Polarity, Energetic Boundaries

President of the American Polarity Therapy Association, 2010-2012

Board liaison for Marketing and Branding of Polarity Therapy.

Board Certified Polarity Practitioner (BCPP), 2011

For more information about Tami, go to: [www.cottonwoodtherapy.com](http://www.cottonwoodtherapy.com)

*Cost:* \$85 + tax

*Location and Registration:*

Crystal Mountain School  
of Therapeutic Massage  
5041 Indian School Road NE  
Albuquerque, NM 87110  
505-872-2030