

TUESDAY OCTOBER 4, 2011 2:00PM - 4:00PM

### Theory and Research into the Pain Experience: Its implications for Therapeutic Massage

An overview of the ongoing effort to understand the nature and causes of pain. That effort has lately resulted in surprising findings that have practical implications for both practitioner and client, especially with respect to chronic pain management and therapeutic decision-making.

According to the 2005 AMTA Client Survey, 73% of those utilizing massage are doing so for the management and relief of pain.

The evolution in the understanding of 'the pain experience' will be examined, as well as a hierarchy of pain symptoms as presents at intake, and practical approaches will be given as to how the therapist can integrate this knowledge into the therapeutic decision-making process.

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